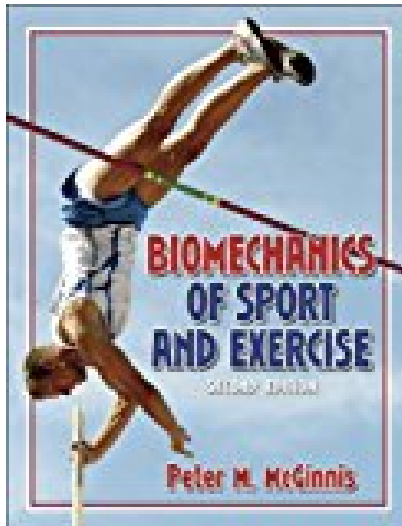


Biomechanics of Sport and Exercise 2nd Edition



BOOK DETAILS

- Author : Peter M. McGinnis
- Pages : 411 Pages
- Publisher : Human Kinetics
- Language : English
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BOOK SYNOPSIS

"Biomechanics of Sport and Exercise, Third Edition With Web Resource and MaxTRAQ Educational 2D Software Access," introduces exercise biomechanics in concise terms that explain external forces and their effects, how the body generates forces to maintain position, and how forces create movement.

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