

Emotions & Essential Oils 5th Edition

A Modern Resource for Healing



BOOK DETAILS

- Author : Enlighten
- Pages : 138 Pages
- Publisher : Enlighten
- Language : English
- ISBN : 0990696553



BOOK SYNOPSIS

Essential oils are widely used for their physical health benefits, but few have understood the scope of their healing capabilities. In *Emotions & Essential Oils*, essential oils are introduced as powerful emotional healers. This groundbreaking book bridges the gap between the physical and emotional aspects of essential oils and creates a user-friendly guide for taking charge of your emotional health. Each oil is written about with profound insight and understanding of its innate properties and gifts, and the result is as poetic as it is practical. This easy to follow spiral bound reference guide will help you come to know the oils in a new way and more fully appreciate their distinct healing qualities. For long-time oil enthusiasts and beginners alike, *Emotions & Essential Oils* will inspire you with the genius and beauty of one of Mother Natures finest gifts.

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