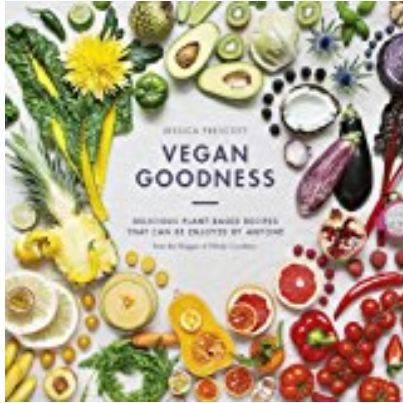


Vegan Goodness Delicious Plant-Based Recipes That Can Be Enjoyed Everyday



BOOK DETAILS

- Author : Jessica Prescott
- Pages : 160 Pages
- Publisher : Hardie Grant
- Language : English
- ISBN : 1784880477

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BOOK SYNOPSIS

A vegan cookbook like you've never seen before - bursting with fun, color, zesty personality, and a bold flair for design. Wow! Here is a colorful collection of simple and exciting plant-based recipes that can be enjoyed by anyone. With over 60 inspiring recipes, Jessica shows readers that cooking with plants can be gutsy and flavorful. With a light-hearted, playful approach to the photography and design, each recipe is laid out with all the ingredients on show, so readers can see at-a-glance what they need. Vegan Goodness is not just another vegetarian or vegan cookbook: it is about unfussy, unapologetic cooking that puts taste first. Take the inventive Pulled jackfruit tacos (that actually taste like pulled pork!), or the Asian-inspired Matcha green tea cheesecake - this is delicious, innovative food that everyone can enjoy and easily recreate at home. Written in Jessica's passionate, funny and no-nonsense style, Vegan Goodness will be sure to get you excited about cooking and is guaranteed to get you eating better.

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